

WHAT WE KNOW ABOUT YOUNG CHILDREN

- Some do not have a strong sense of urgency that it is "time to go"
- They don't always like to stop what they are doing
- It is easy for them to forget the consequences of delay
- Many only use a potty chair in a familiar setting
- All sometimes need help, especially during the first weeks of school
- Accidents happen



For more information, please contact the school nurse at your zoned preschool site:

Denbigh Early Childhood Center

📍 15638 Warwick Blvd 📞 757-886-7789

General Stanford Elementary School

📍 929 Madison Ave 📞 757-888-3200

Marshall Early Learning Center

📍 743 24th Street 📞 757-928-6832

Watkins Early Childhood Center

📍 21 Burns Drive 📞 757-591-4815

GETTING READY FOR PRESCHOOL: Using the Bathroom Independently

Newport News Public Schools
PRESCHOOL

www.nnschools.org/preschool



BUILDING INDEPENDENCE

On their own, can your child...

- ✔ Unbuckle, unsnap, pull down pants, or lift dress to get on the toilet?
- ✔ Get toilet paper and wipe themselves?
- ✔ Flush the toilet?
- ✔ Redo clothing when they are done?
- ✔ Wash hands with soap, and dry hands with towel, after every use?

TOILETING AT SCHOOL

- Students are expected to be able to independently undo/redo clothing and properly clean themselves
- School staff work with students to achieve successful and independent toileting, but do not "potty train"
- Children are not required to be fully toilet trained to attend NNPS Preschool
- Families will be notified if child is having difficulty in this area
- Each child needs a full change of clothing, to be kept at school, and updated seasonally
- Open communication between home and school is essential for your child's success



PRACTICE AT HOME

- ▶ Schedule more opportunities to "go"
- ▶ Follow a consistent routine
- ▶ Model proper bathroom skills
- ▶ Encourage your child to use the real toilet, not a potty chair
- ▶ Monitor your child's bathroom use
- ▶ Encourage independence
- ▶ Praise success
- ▶ Avoid punishing mistakes or accidents

