



# MY 3-5 YEAR OLD CHILD CAN...

## Social-Emotional Skills



- Name a friend
- Play well with other children
- Adjust well to new people and new places
- Try to solve a problem before asking for help
- Try a new task
- Stay focused on an interesting task
- Take care of personal toilet needs
- Listen to and follow one-step directions
- Share toys or objects with another child



## Oral Language Skills



- Use words to let others know what he/she needs or wants
- Speak in complete sentences using more than four words
- Respond to a question
- Say first and last name
- Give a telephone number
- Give an address

## Fine and Gross Motor Skills



- Climb, hop, jump, catch, throw, and bounce
- Build a tower with three or more blocks
- Use scissors to cut paper
- Dress self including zipping and buttoning clothing
- Draw and tell about pictures

## Math and Literacy Skills



- Tell what is alike and/or different about pictures and objects
- Classify objects by groups, such as food or clothing
- Tell which objects are bigger or smaller
- Recognize and name basic colors
- Count out loud to ten
- Count up to five objects by touching each one
- Hold a book and turn pages one at a time
- Listen to a story
- Talk about a story after it is read
- Retell a story after it has been read several times
- Recognize some letters of the alphabet, especially letters in his/her name
- Try to write his/her name



# GIVE YOUR CHILD A SMART BEGINNING

## Is your child ready for kindergarten success?

Building a foundation in reading and math can set the stage for learning. Social-emotional skills also have a big impact on your child’s readiness. Use the checklist to determine which things your child is able to do, and which he/she needs more time to develop. If you need help, more information, or have questions, call

**Smart Beginnings Virginia Peninsula at 757-240-2731.**

### Other Community Resources:

- Children’s Hospital of the King’s Daughters (757) 668-7500
- Department of Human Services:
  - Hampton (757) 727-1800
  - Newport News (757) 926-6649
- Healthy Families Newport News (757) 926-6009
- Healthy Families of Hampton (757) 727-1300
- Infant and Toddler Connection of Virginia (757) 726-4012
- Peninsula School for Autism (757) 223-0558

### Helpful Websites:

- Hampton Public Libraries [hampton.gov/100/Libraries](http://hampton.gov/100/Libraries)
- Infant and Toddler Connection of Virginia [infantva.org](http://infantva.org)
- Mayor’s Book Club [mayorsbookclub.org](http://mayorsbookclub.org)
- National Association for the Education of Young Children [families.naeyc.org](http://families.naeyc.org)
- Newport News Public Libraries [nnpls.libguides.com/branchinformation](http://nnpls.libguides.com/branchinformation)
- PBS Parents (Math, Reading, and More) [pbs.org/parents](http://pbs.org/parents)
- Smart Beginnings Virginia Peninsula [smartbeginningsvp.org](http://smartbeginningsvp.org)
- Unite For Literacy: Free eBooks [uniteforliteracy.com](http://uniteforliteracy.com)

**Together we can give each child a smart beginning!**



**(757) 727-2000**



**(757) 240-2731**



**(757) 591-4500**