Optima Health Provider Search Tool link [click here](#) **and select Find Doctors**

Or, from a web browser, go to optimahealth.com and in navigation bar below the Optima Health logo, select *Find Doctors, Drugs, and Facilities*. Next select Find Doctors in the upper left.

After navigating to the Find Doctors page:

> For employees who are considering the **POS 1000 or Equity 3000 (POS) plans**: select Plan Type: *Employer Plans*, Select **POS in** the next drop down and select **POS with PHCS Network**.

> For employees who are considering the **Vantage 35** (HMO) plan: select Plan Type: *Employer Plans*, Select **HMO**, in the next drop down and select **Vantage with PHCS Network**.

Use your zip code to filter your search. Note that if your doctor practices in multiple locations throughout the Hampton Roads area, you may wish to filter your search within a large radius (such as 30 miles) since your doctor's address in the Optima Health database may be at a different location than you normally visit.

If you do not find your doctor on the website, you may call your doctor's office to inquire whether they accept Optima Health. Optima Health participating providers who are not accepting new patients may not appear on the website, but if you are an existing patient with your doctor, he/she would continue to see you with your new Optima Health benefits.

If you find that your doctor is out-of-network, you may either (i) utilize your out-of-network benefits (if you select the CDHP or the POS plan) or (ii) you may recommend that your provider join the Optima Health network by calling the Optima Health Member Services line. The provider must meet Optima Health credentialing requirements in order to be eligible for contracting.

For POS 1000 or Equity 3000 (POS) Plan choices	For Vantage 35 plan choice