

Personalized Assistance for Newport News Public Schools Employees

# Optima Health Navigator Program

*We are excited to introduce the  
Navigator Program!*

*Call us: 757-552-7110 or  
1-800-229-1199*

*Monday–Friday 8 a.m.–6 p.m.*

OptimaHealth 



With the **Optima Health Navigator Program**, a personal Navigator can help you:

- **find a new primary care physician**
- **schedule new patient visits with certain providers and facilities**
- **schedule visits for services such as:**
  - CAT scans
  - PET scans
  - laboratory services like glucose tolerance tests or lactose intolerance tests
  - respiratory therapy
  - ultrasounds
- **answer questions about:**
  - claims
  - explanation of benefits
  - estimated costs for services and procedures
- **and more**



**First Name, Last Name**

ADDRESS

CITY, STATE ZIP CODE

Visit [optimahealth.com/navigator](https://optimahealth.com/navigator) to learn more.