

## Respiratory Virus Guidance

The Center for Disease Control (CDC) released new Respiratory Virus Guidance in March 2024.

The Virginia Department of Health (VDH) updated its information for [Respiratory Disease](#) and information for [K-12 Schools and Childcare Programs](#) to reflect the updated CDC guidance.

Newport News Public Schools will follow the guidance from the CDC and VDH as follows:

Everyone with a respiratory virus such as COVID-19, flu, or respiratory syncytial virus (RSV) may return to work and school when they are fever free for 24 hours without the use of fever reducing medications and their symptoms are improving. Mask use will continue to be optional for all.

Outbreaks of a respiratory virus infection will be reported to the local health district as needed.