

Newport News Public Schools Elementary Menu

This institution is an equal opportunity



SPIN YOUR WHEELS.



Biking may be the only activity that combines exercise, fun, AND transportation! Just remember to always wear bright clothes, close-toed shoes, and a helmet – and follow the rules of the road!

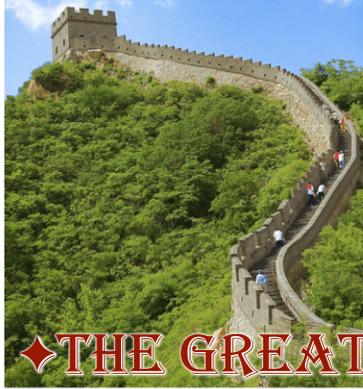
EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

Available Daily

PBJ-Apples-Baby Carrots
Cut-up Fresh Fruit-Whole Fruit
Yogurt w/String Cheese
w/Cheez-its
1% White, Low-fat Flavored
Skim Milk

*Menu item may contain pork

◆ WONDERS OF THE WORLD ◆



The Great Wall of China stretched for more than 13,000 miles, including all of its branches and fortifications. As many as 25,000 watchtowers studded the wall, which was primarily designed to keep out Mongol raiders and other nomads from the north. The wall was begun as early as 2600 years ago and was regularly extended, destroyed, rebuilt, and restored over the next 25-plus centuries. Most of what still exists today is about 400 to 600 years old, dating from the Ming Dynasty.

◆ THE GREAT WALL OF CHINA ◆



Every complete meal we serve comes with your choice of milk!

Wednesday, April 1

Breakfast
Waffle Sandwich
Fruit-Juice-Milk
Lunch
Yogurt Parfait
Popcorn Chicken
Grilled Cheese
Choose Two:
Corn
Tomato Soup
Choose One:
Strawberry Cup

Thursday, April 2

Breakfast
Asst. Mini Pancakes
Fruit-Juice-Milk
Lunch
Corndog Nuggets
Baked Potato, Taco Meat
w/Cheese & Roll
Mac & Cheese Bites
Choose Two:
Cucumber Coins
Baked Beans
Choose One:
Applesauce Cup

Friday, April 3

Breakfast
Benefit Bar
Fruit-Juice-Milk
Lunch
Grab and Go

Daily Salads

Mon-Chef's Salad w/Garlic Stick
Tues-Country Chicken Salad
w/Crackers
Wed-Southwestern Chicken Salad
w/Cornbread Muffin
Thurs-BLT Salad* w/Garlic Stick
Fri-Country Chicken Salad
w/Crackers

SPRING BREAK



Break begins at the end of classes:
Friday, April 3

Classes resume:
Tuesday, April 14

